



Enjoy life from your garden!

At this time of year, it can all get a bit frantic but getting into your garden has proven health benefits, including reducing stress, increasing the happy-hormone serotonin, helping sleep and reducing anxiety. There's nothing quite like it; taking a slow stroll around your garden, big or small, and just being and noticing all the amazing things our gardens provide; colours, textures, light, shade, fragrance, food, fun and form- and a sense of achievement!

Here at Blue Mountain Nurseries, we've had a walk around our "garden" so that we can share some of our favourites with you in our December newsletter.

Hydrangeas are experiencing a bit of a renaissance at the moment- and the new varieties are nothing like your Nana's! Hydrangeas are a fantastic plant for providing colour after spring flowers have finished and they make great Christmas thank you gifts. We cool some of our hydrangeas to delay their normal flowering time to ensure flowering over summer. We have several beautiful varieties for you to choose from including the ever-popular white flowering Bridal Bouquet and a great range of blue flowering varieties such as Flower Master Blue, Blue Prince, and Hamburg. See them on our website here at http://www.bmn.co.nz/page-not-found/SearchForm?Search=Hydrangea&action_results=L

Cornus greenvale are in flower now and they have become a very popular small tree in the landscape. The large creamy white flowers cover the plant in early summer lasting for as long as 8 weeks. Cornus Greenvale is a semi-evergreen with some bronze autumn colour giving it interest through all the seasons.

The deep blue flowers of Meconopsis Lingholm are very striking. They need to be grown in damp shaded spots as drying out is death to these Himalayan poppies.

Podophyllum are looking their best now with flowers hanging below the stunning display of spotted leaves. They always create a conversation as they are just so different with their large spotted leaves making a stunning display in a shaded area. They are much hardier than we first thought as they are growing well in shaded areas in Central Otago.

Many Azalea and Rhododendrons are still flowering. The cooler spring weather seems to have made the mid-season varieties flower at the same time as the late season ones so the Nursery is ablaze with colour. Azalea Sun Chariot caught our attention with its warm buttery yellow tones.

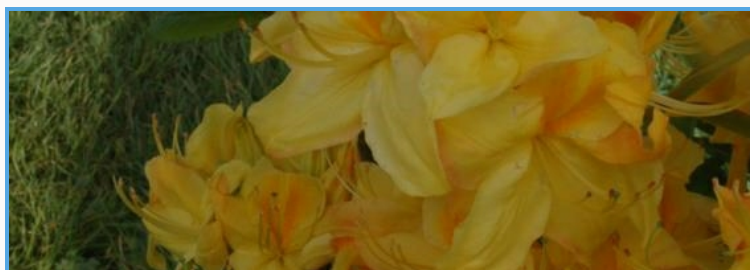
The Francoa are throwing up a massive display of flower buds now and will be in flower from now until the first frosts in the Autumn. They are a very versatile perennial for both sunny damp positions and in shaded woodland gardens. The next crops of Astilbe are ready now with masses of buds showing for a great summer display. These are a plant well suited to damp sites and they have done well in the spring conditions we have had this year.

And for something a little different, ornamental ground cover strawberries took our fancy – Fragaria Lipstick with masses of pretty pink flowers. These can be grown in a sunny position to cover a bank or for a great ground cover. The first tasty red fruit are showing on them now.

This year, we have been the care-givers for over 4,000 plants. Key production lines for 2019 included 373 varieties of rhododendrons, 89 varieties of azaleas, and 207 different tree species. We know plants because we grow plants! We look forward to bringing you more beautiful plants in 2020. Have a safe and enjoyable Christmas!

Azalea Sun Chariot

Fantastic large butter yellow flowers with an orange yellow blotch. Ht. 1.5m. Deciduous. Flowers Oct. (Exbury)



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Astilbe Showstar

A dwarf perennial with dark green divided leaves which are bronze when young. Flowers are red, pink or white in summer.

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Meconopsis Lingholm

Large brilliant blue flowers in early summer make a special display in the shaded garden. The best Blue Poppy. Ht. 1m.

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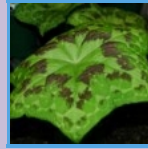


Aruncus

aethusifolius

This dwarf form is great for the smaller garden or as an edging along borders or paths. It forms a low mound of light green, ferny foliage, with short spikes of creamy-white flowers in early summer, similar to Astilbe. Ht 30cm

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Podophyllum Spotty Dotty

Attractive evergreen perennial with spotted foliage ideal in a moist shaded garden. Deep wine red flowers in late Spring. Ht 50cm

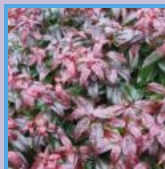
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Hydrangeas



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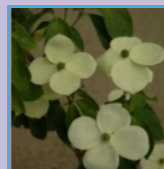
Leucothoe Crimson Globe



Beetroot red to bronze winter colouring with pendant racemes of white lily of the valley like flowers November - December. A neat compact plant for acid soils. A Blue Mountain selection and introduction. Ht.75cm. Evergreen.

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Cornus Greenvale



A vigorous tree with large creamy white flowers in early summer. In our trials of hardy dogwoods this tree has out performed all others. Raised in Greenvale by Mrs L Paterson. New 2004. Evergreen with some autumn colour as well. PVR

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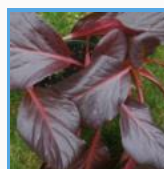
Pseudowintera colarate Red Leopard



Medium sized native shrub with unusual colour and aromatic leaves marked red. Grows best in light woodland conditions. Ht 75cm-1m. Evergreen. PVR

SHM086

Bergenia Wanaka Wine



A Pat Stuart selection with lovely burgundy leaves in winter, tall heads of large bright rose pink flowers in early spring. Makes great ground cover in light shade and drought tolerant.

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Francoa Pink Bouquet

Large vigorous evergreen perennial plant with furry green compound leaves and large deep pink flower spikes up to 1.5 m.



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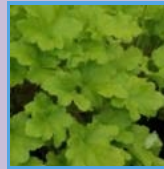
Hosta Shade Fanfare



Light green leaves with wide creamy-yellow margins in summer. Lavender flowers in autumn. Hardy in shade.

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Heuchera Lime Marmalade



Clear lime green leaves, great ground cover for lightly shaded garden.

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Rhododendron Cunningham's White



Buds flushed pink open to masses of smaller white flowers with a pale yellow centre. The very hardy plant is low, compact to 1.5m. Late October

flowering. Makes a good hedge or shelter for other Rhododendrons.

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Rhododendron Morgenrot



Rose pink flowers in Oct. Shelter from wind. Ht 1m. Evergreen.

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